

Mental Health Support and Activities

What mental health issues have you identified at your school	
Issue:	Who it effects (students & year group / teaching staff/ other staff)

Support and activities offered to <u>students</u> to manage MH issues and improve wellbeing (e.g. Counselling, mindfulness)	
Support/ Activity:	Which students it is offered to:

Training for staff (on MH issues for students and staff)	
Training:	Number of staff trained:

Useful Contacts and Resouces (e.g. speakers, websites etc)	
Resource/ Contact (Name, email address)	Brief explanation

Support/ Activities offered to <u>staff</u> to manage MH issues and improve well being	
Support/ Activity:	Number of staff who participate:

MH events or information for parents	
Event/Information resource:	Which parents it is targeted at:

Any other MH activity/support/training/information:

Any MH activity/support/training you would like at your school: